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CREATIVE: Volunteers get to work on the new bee house at Barking Riverside.  
Picture by Roy Tillet



# HELP BUILD A BEE HOUSE IN BARKING

A WILDLIFE charity and a design company are attempting to break the record for building the world's biggest bee house - but they need your help.

London Wildlife Trust and Make:Good will be carrying out the challenge at Barking Riverside on Saturday, June 18.

They need people to help build the record-breaking structure.

Those wishing to join in should go to the Barking Riverside Project Office between 2pm and 5pm.

Alternatively, contact conservation officer Francesca Barker on 07971 077095 or e-mail [fbarker@wildlondon.org.uk](mailto:fbarker@wildlondon.org.uk) or for more details.

Barking Riverside is a valuable place for bees and supports at least 37 different native species.

Francesca said: "The bee house will provide an important nesting habitat specifically for our native solitary bees."

"Solitary bees are the lesser known bees that don't form a

colony, make vast amounts of honey, or sting, but make up 90 per cent of our bee population.

"Solitary bees look for small tunnels or holes in which to make their individual nest cells for their larvae, so they should love the Barking Riverside bee house."

"The 13m structure will consist of hundreds of bamboo sticks of varying lengths and diameters, alongside logs with 'beetle-like' bored holes."

"The bamboo sticks mimic dead

plant stems, which are a natural nesting material for certain solitary bees."

To find out more about Barking Riverside's wildlife, see [www.wildlondon.org.uk/projects/barking-riversideconservationproject](http://www.wildlondon.org.uk/projects/barking-riversideconservationproject) or sign up to <http://barkingriversideconservation.blogspot.com/>

To make a one-off donation to London Wildlife Trust, text the word 'WILDLIFE' to 70007. The text will cost £3 plus your standard network rate.

## Fire chief honour

LONDON Fire Commissioner, Ron Dobson, has received a CBE from Her Majesty the Queen in an honours ceremony at Buckingham Palace.

Ron was awarded the medal in the New Year Honours list for his distinguished contribution to the fire and rescue service.

He has 31 years' firefighting experience having joined the Brigade in 1979. He became Commissioner in 2007.

## 2012 decoration

EACH London borough will receive £50,000 to decorate their key areas with flags, banners and bunting to spread the 'look and feel' of London 2012.

Boroughs must identify areas to dress, and consult with GLA and LOCOC by the end of July before confirming their plans by the end of September.

The GLA and LOCOC will then approve plans for all boroughs by the end of November.

## Human trafficking

A PHONELINE for victims of human trafficking has been launched by the Metropolitan Police Service (MPS).

The freephone number is featured in a poster campaign produced for the MPS and the charity, Stop the Traffik.

The freephone number - 0800 783 2589 - asks victims and those who suspect trafficked victims are living in their community, to pass on any information in confidence to the police.

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# Campaigners meet local MP

CAMPAIGNERS against the closure of King George Hospital met with MP Margaret Hodge last week.

The Castle Green Parents' Forum made their frustrations and dismay clear to the MP, who is now urging people to make their voice heard against the closure.

Mrs Hodge said: "I'm calling on every organisation, group and individual to write and voice their opposition to the closure of King George."

The Parents' Forum invited Mrs Hodge to speak to them after they heard about her hospital campaign.

Mrs Hodge has been contacting local community groups to urge them to write letters to the Independent Reconfiguration Panel, which will be making a recommendation to the Secretary of State for Health on whether to retain King George's A&E and maternity services.

The panel are currently welcoming opinions from local residents on whether they think the hospital should be closed.

The deadline for submissions is July 8.

Letters should be sent to the Independent Reconfiguration Panel, Sixth Floor, 157-197 Buckingham Palace Road, London, SW1W 9SP, or e-mailed to [info@irpanel.co.uk](mailto:info@irpanel.co.uk)

**SUPPORT: MP Margaret Hodge meets the Castle Green Parents' Forum.**



## Free leisure centre passes for over 60s

OVER 60s in Barking and Dagenham will be able to access leisure centres free of charge for another year.

The free pass includes access to swimming, racquet sports, the gym and all fitness classes.

The only activity not included in the offer is access to the health suite at Goresbrook Leisure Centre.

The scheme, which is only open to residents of the borough, applies

on weekdays from 9am to 5pm and all weekend.

It allows access to all three of the borough's leisure centres - Goresbrook, in Dagenham, Abbey in Barking and the brand new Becontree Heath Leisure Centre in Dagenham.

The free leisure passes for over 60s were launched by Barking and Dagenham Council in April 2010 after a successful year of govern-

ment-funded free swimming for the same age group.

In the last year, more than 3,000 people have taken advantage of the scheme.

Councillor Bert Collins, cabinet member for culture and sport, said: "We're delighted to be able to extend free leisure centre use for the over 60s, in the same week that Becontree Heath Leisure Centre has opened to the public."

"The leisure centre opening and the funding decision on free leisure demonstrates our council's continued commitment to making Barking and Dagenham a healthier borough for residents of all ages."

To sign up for the leisure offer, pick up an application form at any Barking and Dagenham leisure centre, call Danielle Robson on 020 8227 3982, or e-mail [danielle.robson@lbbd.gov.uk](mailto:danielle.robson@lbbd.gov.uk)

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## Business profile

# At the height of fashion

Bunmi Olaye and Francis Udom are the founders of Bummi Koko fashion label. In just two years, the pair have won a number of awards, designed clothes for some of the most famous people in the world including Nelson Mandela, and were one of the few to be asked to design the wedding dress for Kate Middleton, now the Duchess of Cambridge. Here, the duo speak to YA reporter, MARTYN DOLTON

DO you believe in coincidences? For two fashion designers, coincidence and fate has played a big part in their high profile journey that began just two years ago.

Bunmi Olaye and Francis Udom, founders of Bummi Koko fashion label, have taken the world by storm during their relatively short time in the industry, scooping sought after awards and working with even higher profile clients.

It all began in March 2009 when the couple set up the company in Aberdeen, which is where Francis was based as an engineer.

Nothing unusual setting up business in Aberdeen, you may think, but it gave birth to coincidence number one.

Francis' great, great, grandmother, Mary Slessor, was born in Aberdeen and moved to Calabar, in Nigeria - the

same place where Francis hails from - to fight against the killing of twins at infancy and the eating of humans.

She was such an influential Scottish figure that since 1998, she has appeared on the Scottish £10 note.

Francis first found out about the connection when he saw the note while out shopping and recognised the village depicted on the back as the one he was raised in.

"It seems surreal that we set up business in the same place where one of my distant relatives was most famous," Francis said.

"It feels as though I've gone full circle and I believe it was a sign that the business would succeed."

The company has certainly succeeded in winning a host of awards from around the world including the Africa Fashion Awards for the Emerging Designer of the Year - International

2010.

The range that won the award was dedicated to Mary, which was one of the factors which helped it win.

This led to the duo meeting one of the most influential people in modern history - former South African President Nelson Mandela - who handed them their award.

He was so impressed with their work, the pair were asked to make several items for him and his family.

Mr Mandela's wife also suggested a few garments would suit US President Barack Obama's wife, Michelle, and the pair are now in talks with the most famous house in the world - the White House.

"That was one of the most memorable moments of my life so far, meeting Nelson Mandela," Bunmi said.

"But it just made it even more special when

he actually asked us to make clothes for him and his family because he liked them so much. I will never forget it."

Not so much a coincidence, but the pair firmly believe it was fate that made them win the award to lead them to some of the most influential people in the world. Back at home, Bunmi Koko opened an office at the University of East London's Knowledge Dock Business Centre to help expand the brand.

The centre was opened by the Queen and the studio which Bunmi Koko now operates from was the room, selected at random, used as the 'Royal Suite' for the day.

So, it may come as no surprise that Bunmi Koko was asked to design a dress for Kate Middleton.

Unfortunately, the design was not chosen, but it has led to the launch of a new bridal



range with the dress designed for the Royal wedding being named The Duchess.

"It was an honour to be chosen and a fantastic experience," Bunmi said.

"If anything, we have managed to spread the brand name around the world!"

Who knows what coincidences will come their way next...

For more, visit [www.bummikoko.com](http://www.bummikoko.com)

**PROUD:** Fashion designer, Bunmi Olaye, helped to cover April's Royal Wedding for ITN News.

## Grab a share of John Lewis cash boost

LOCAL charities and community groups in East London can get a share of £20,000 that is being given away by department store, John Lewis.

The company will be giving away £5,000 each month until September to celebrate the opening of its new store at Westfield Stratford City.

Each organisation can bid for up to £500 at a time and must be based in one of the five Olympic Host Boroughs - Newham, Barking and Dagenham, Waltham Forest, Tower Hamlets, Greenwich and Hackney.

The grants are available to a wide range of groups such as community centres, local schools and sports teams.

Any groups wishing to apply should complete an application form with their details and explain how they would put the money to good use.

Noel Saunders, managing director of John Lewis Stratford City, told the YA that the company was committed to east London for the long term.

He said: "We want to play a full and active role in supporting the local community and believe in investing in the area in which we trade and where our partners live and work."

"We often support charities with a local focus, as we believe we can make a real difference to charities which would normally miss out on other donations and support."

Each month, a decision-making panel, chaired by Mr Saunders, will go through the applications and select which groups to support.

Application forms are available by e-mailing [communitygrants@johnlewis.co.uk](mailto:communitygrants@johnlewis.co.uk) or by writing to Community Grants, Registry, John Lewis, 171 Victoria Street, London, SW1E 5NN.

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**TRAINING: c2c's June Carpenter with PC Steve Madden and his dog, Dave.**  
Picture by Mark Cleveland

## Lost property donated for police dog training

TRAIN firm c2c is helping the British Transport Police's dog unit by donating old, unclaimed lost property for training purposes.

June Carpenter, of c2c's lost property office, has spearheaded the scheme.

All donations of lost property made to the BTP dog unit have been in the office for more than three months and remain unclaimed.

PC Steve Madden, from the BTP dog section, said: "We hugely appreciate all the donations made to us by c2c, and we take unclaimed lost property such as broken laptops and mobile phones, as well as old clothing, bags and suitcases."

"Everything is used to train our dogs in the most realistic way possible - and it's proved invaluable."

"The dogs become acclima-

tised to the type of objects they will come across every day, and that way, they're not fazed when faced with them at work."

"As well as the general purpose dogs, mostly Alsatis, we use for public order, the dog section of British Transport includes dogs trained to find drugs, explosives and cash - all of which can be hidden in items of personal property."



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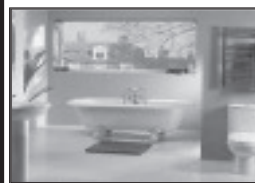
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**30YR** old beautiful blonde with lovely green eyes looking for uncomplicated love and romance with a tall dark haired male. Tel No: 0905 436 0258 Box No: 368003

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**SMART** female, size 14, early 60's, likes meals out, places of interests, seeks male, 60-70 for friendship, maybe more. Hornchurch. Tel No: 0905 436 0258 Box No: 367949

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**TACTILE** blue eyed blonde with lots of lovely lady lumps. GSOH, OHAC, looking for similar non serious guy for fun times. Tel No: 0905 436 0258 Box No: 367247

**TALL** slim 60yr old female, many interests, seeks 60yr old tall, sincere, attractive, kind, honest male for companionship and to share life with. Hounslow. Tel No: 0905 436 0258 Box No: 367375

**SLIM** attractive young looking 50 something solvent female looking for 1-2-1 fun with down to earth male. Can accommodate/travel. Tel No: 0905 436 0258 Box No: 367245

**FEMININE** attractive female 37, seeking male for fun relationship without ties. Must be able to accommodate. Tel No: 0905 436 0258 Box No: 367249

**CLASSY** lady, slim, pretty, young looking graduate, mixed race 38, London, seeking a sugar daddy to spoil and pamper me. Discretion assured. Tel No: 0905 436 0258 Box No: 367031 Ⓢ

**CURVY** sophisticated Irish lady 36, new to the area and lonely, W/LTM, c/o up to 69yrs for companionship, cosy nights in/out. Status unimportant. Tel No: 0905 436 0258 Box No: 361379

**6FT** blonde leggy ex lingerie model 33, looking for good times with free thinking male. Single dad welcome/Any age. Tel No: 0905 436 0258 Box No: 361381 Ⓢ



**BORED** lonely housewife 39, attractive, leggy, blonde, W/LTM male for daytime meets. Can accommodate. Any age/status. Tel No: 0905 436 0258 Box No: 363295

**ACADEMIC** man sought by female, recent graduate, 69, into art, history, psychology, likes usual activities as well as London art galleries and walks. Bromley. Tel No: 0905 436 0258 Box No: 365501

**5FT** 2ins female, dark hair, medium build, late 40's, GSOH, likes cinema, walks, family life, seeks male for friendship, maybe more. Tel No: 0905 436 0258 Box No: 350381

**MARY** 62, 5ft 3ins, medium build, blonde, blue eyes, likes nights in/out, seeks honest male for friendship, maybe more. Tel No: 0905 436 0258 Box No: 359467

**41YR** old blonde, seeking discreet male for uncomplicated mutual friendship with benefits! Any age. Call me you have nothing to lose. Tel No: 0905 436 0258 Box No: 363301

**CURVY** 38yr old attractive, feminine lady, seeks genuine guy to share life with. Tel No: 0905 436 0258 Box No: 366789

**37YR** old nurse confident, attractive, single by choice, looking for older N/S male to romance and enjoy quality times together. 45-70. Tel No: 0905 436 0258 Box No: 363939

**WARM** loving young girl seeks mature male who is free in the evenings for fun. Status unimportant. Tel No: 0905 436 0258 Box No: 376398

**GORGEOUS** looking mature lady who likes to look after herself, solvent, home owner, W/LTM appreciative younger man, looks unimportant good personality essential. Tel No: 0905 436 0258 Box No: 364333 Ⓢ

**ATTRACTIVE** vibrant mid 60's female, independent, likes music, travel, socialising, seeks cultured, energetic, cultured male. Maidstone. Tel No: 0905 436 0258 Box No: 384766

**INEXPERIENCED** pretty female 18, likes to look after herself and look good, seeks older free spirited male to look after me. Status/race unimportant. Tel No: 0905 436 0258 Box No: 358161

**35YR** old outgoing female looking for someone who W/LTM up for fun dates. Can accommodate. Any age/status. Tel No: 0905 436 0258 Box No: 367157

**KAREN** 49, young looking, slim, divorced, no ties, blonde hair, brown eyes, 5ft 5ins, likes music, weekend breaks, coast, meals out, theatre, seeks male for friendship, maybe more. Walthamstow. Tel No: 0905 436 0258 Box No: 365033

**HETTY** 45, blonde, buxom, sexy, seeks guy 60-80 for fun times. Romford. Tel No: 0905 436 0258 Box No: 364957 Ⓢ

**KIND** genuine, professional black lady, 53, seeks warm, romantic, caring white male, 58-70 for friendship, maybe more. Tel No: 0905 436 0258 Box No: 364919 Ⓢ

**CARING** genuine, slim female, 5ft 2ins, likes cinema, meals out, seeks companion. Tel No: 0905 436 0258 Box No: 361275

**63YR** old female, young looks, likes meals out, country pubs, boot sales, seaside, seeks nice gent with good personality, 60-69 for friendship and more. Hornchurch. Tel No: 0905 436 0258 Box No: 365329

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**DECENT** smart, Asian male, 46, likes meals out seeks attractive female for friendship, maybe more and to give her the time of her life. Tel No: 0905 436 0258 Box No: 367645 Ⓢ

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**WILLIAM** tall, attractive, 35, likes meals out, pubs, seeks good looking female for fun and friendship. Tel No: 0905 436 0258 Box No: 367749 Ⓢ

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**IAN** caring, thoughtful, romantic, seeks female for friendship/relationship. Dartford. Tel No: 0905 436 0258 Box No: 367943 Ⓢ

**PETER** good looking, 6ft, 50, seeks female, large build, 35-50 for fun, nights in and out. London. Tel No: 0905 436 0258 Box No: 367953

**FIT** athletic, rugged 44yr old male, seeks curvy/active black lady. Tel No: 0905 436 0258 Box No: 368055 Ⓢ

**6FT** dark haired male, 45, seeks large female, 25-58. Tel No: 0905 436 0258 Box No: 367833 Ⓢ

**TERRY** 6ft, slim, fit, adventurous, 62, seeks outgoing, fun lady for no strings fun. Billericay/Brentwood. Tel No: 0905 436 0258 Box No: 367857

**TALL** attractive, mature male, seeks slim, petite, seductive lady for intimate times. London. Tel No: 0905 436 0258 Box No: 367899 Ⓢ

**NICE** easygoing, well mannered, retired gent, 66, plenty of life left in him, seeks smiling, sociable, slim lady for Summer and beyond. Essex. Tel No: 0905 436 0258 Box No: 367907 Ⓢ

**ADVENTUROUS** attractive young man, 30's, great personality, seeks mature female to share happy loving moments, laughter and amazing spiritual Summer. London. Tel No: 0905 436 0258 Box No: 367973 Ⓢ

**ATTRACTIVE** blond, blue eyed male, 47, HIV positive, genuine, sincere, GSOH, OHAC, seeks warm, sincere Oriental/black/Asian female. Essex. Tel No: 0905 436 0258 Box No: 368149

**28YR** old Italian male, seeks similar or younger female. London. Tel No: 0905 436 0258 Box No: 368067

**DAVID** 47, fair hair, likes enjoying life, seeks N/S slim, pretty lady for LTR. Romney Marsh. Tel No: 0905 436 0258 Box No: 368159

**SHY** average looking male, seeks funny girl to make me laugh. Tel No: 0905 436 0258 Box No: 368219

**MALE** seeks lady, 35-45 for afternoon fun. Tel No: 0905 436 0258 Box No: 368221 Ⓢ

**NICE** looking, fit white male, 51, 6ft, seeks slim, attractive black female, 30-50 for friendship/relationship. SE London. Tel No: 0905 436 0258 Box No: 367111 Ⓢ

**ATHLETIC** black male, 33, seeks blonde/brunette white female, size 14, curvy, busty with large bottom for no strings fun. London. Tel No: 0905 436 0258 Box No: 385756 Ⓢ

**JOHN** easygoing, affectionate, caring, romantic, fit, tactile, 68 black hair, 5ft 11ins, medium build, car owner, seeks loyal female, 45-65. Romford. Tel No: 0905 436 0258 Box No: 367395

**GRANT** 43, likes nights in/out, GSOH, seeks attractive slim blonde/dark haired female. Tel No: 0905 436 0258 Box No: 366397 Ⓢ

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**GAY** English guy 34, Luton based, non scene, seeks older, retired gent, 70 plus for friendship/relationship. Tel No: 0905 436 0258 Box No: 368163 Ⓢ

**TALL** blond, non scene gay hunk, 28, seeks older, solvent gent 75 plus for friendship/relationship. London. Tel No: 0905 436 0258 Box No: 368141

**STEVE** mid 40's seeks male, 35-60. Tel No: 0905 436 0258 Box No: 368121

## ADULT interests

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**SERVICE:** Dean Appas, Sue Able, Martin Glynn and Tracey Cross from the Barking and Dagenham Sensory Unit team. Picture by Roy Tillet

# Mobile sight unit goes on the road

A PIONEERING service for blind people is available in Dagenham and Romford.

The mobile Sight Loss Information Service features the latest aids, equipment and specialist advice for blind and partially sighted people.

Rachel Gibson, of the Action for Blind People's Sight Loss Information Service, said: "Everyone is welcome to come along to visit us on the mobile.

"Whether you are visually impaired or know somebody

who may be having problems with their sight, pay us a visit and pick up information or ask us questions.

"Visitors can try out a wide range of daily living aids or the latest computer and magnification technology."

The mobile unit is staffed by experts with devices such as vibrating bank note detectors and talking microwaves.

The mobile unit will be: ■ Outside the Civic Centre, Rainham Road North,

Dagenham, on Tuesday, June 14, between 10am and 4pm.

■ Outside Queen's Hospital, at the ambulance drop-off point, behind the bus stops, Rom Valley Way, Romford, on Thursday, June 16, between 10am and 4pm.

For more, contact Action for Blind People through the RNIB Helpline on 0303 123 9999 or visit [www.actionforblindpeople.org.uk/our-services/drop-in/mobile-sight-loss-service](http://www.actionforblindpeople.org.uk/our-services/drop-in/mobile-sight-loss-service)

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# Police release e-fit in hunt for burglar

DETECTIVES have released an e-fit of a man they believe has carried out a string of burglaries in the borough from late April to early May.

The suspect has pretended to be a council worker, a glazier, a gardener and a roofer in order to get into people's homes and steal cash.

His victims range in age between 64 and 84 years.

The suspect has been known to show ID. Residents who are not expecting a visitor should always ask for identification while holding out their hand to take the item. Do not allow them to flash it.

If there is any doubt at all that a person is genuine, close the door and dial 999 immediately.

Borough Commander Matt Bell said: "As I am often heard to say, the effects of becoming a victim of burglary go far deeper than a loss of property. With your help, we can find this person and place him before the courts."



Anyone who may be able to identify the man shown in the e-fit should contact Detective Nainesh Desai of Barking and Dagenham CID on 020 3276 1056. Alternatively, call on 0800 555 111.

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To give you an indication of the respect that Sara commands within the industry, she is on the writing panel for fitpro, the professional magazine for fitness professionals and is also a volunteer writer for the Barking and Dagenham community giving advice about all aspects of fitness.

Sara is registered with Reps, the registration for exercise professionals and is fully insured to conduct all services provided, offering friendly, personal expert tuition.

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## Fans flock to meet Dagenham Diva

By Martyn Dolton

HUNDREDS of adoring fans flocked to the new Dagenham Library to meet the borough's rising star, Stacey Solomon, last Wednesday.

The 21-year-old, dubbed the 'Dagenham Diva' following her success on the X-Factor, dropped in to sign copies of her new book, *My Story So Far*.

Stacey was a favourite on the X-Factor but it was her appearance on *I'm A Celebrity, Get Me Out Of Here*, which she

won, that thrust her into the limelight.

Stacey said she was really excited to be back in Dagenham.

She said: "It's totally amazing, I'm having the time of my life and I'm so excited about the launch of my book."

"I've had so much fun writing it and to see it finished is great."

The launch is the beginning of a new business venture for Stacey, who has recently become the face of frozen food chain, Iceland.

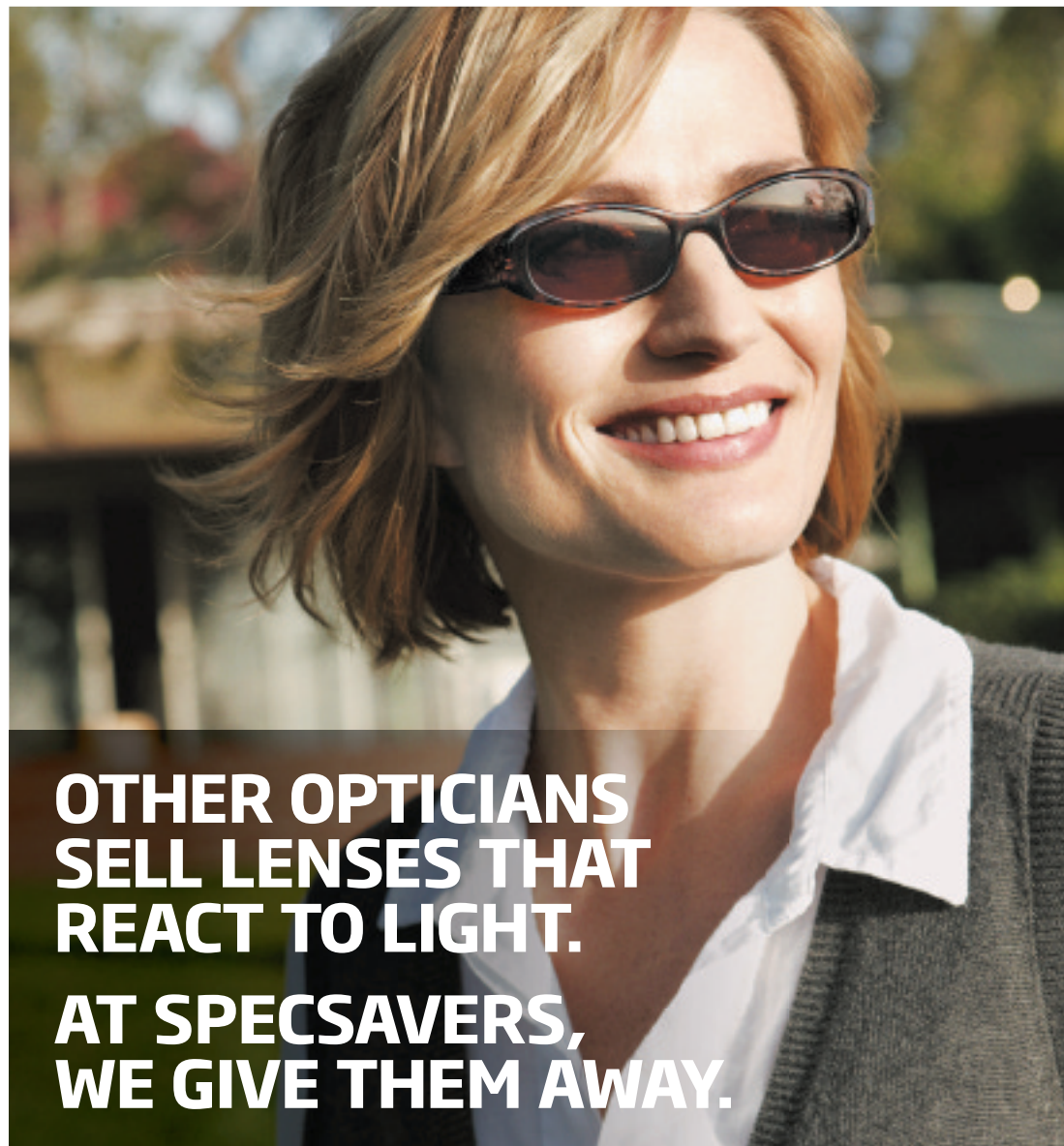
She is also planning to release her debut album this year and has not ruled out a range of branded items in the future, such as perfume.

"Life is a business," she said. "No matter what you do, you do it to fulfil something in your life."

"For me, it's all about my son Zach - I want to make sure he has the best ever start in life."

"I am looking to see what other opportunities I come across, and if I believe in something, I will give it a go."

STAR: Stacey Solomon.



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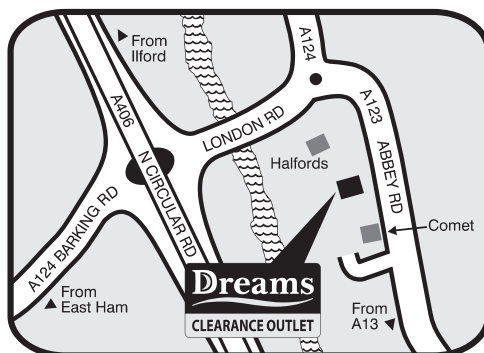
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### Saturday, June 11

- Indoor/Outdoor Boot Sale and Coffee Morning - Shern Hall Methodist Church, corner of Shernhall Street and Oliver Road, Walthamstow, E17, 11am-1pm, admission free, hot/cold refreshments available.
- Art and Artisans Craft Fair - Upstairs at The George Pub, Wanstead High Street, E11, 11am-5pm, entry free, refreshments.
- Family Fun Day - South Chingford Congregational Church, 161 Chingford Mount Road, London E4, free admission, port roast, barbecue, bouncy slide, and lots more, noon-4pm.
- NCT Nearly New Sale - The Asian Centre, 18a Orford Road, Walthamstow, 10-11.30am, maternity clothes, toys and equipment for babies and children, refreshments available, admission £2 per family, all welcome.
- Annual General Meeting - Leytonstone, Wanstead and District Philatelic Society, Wanstead House, The Green, Wanstead, 2.45pm.
- Fun in the Park - Barksides Recreation Ground, opposite Tesco Barksides, Cranbrook Road, live music, children's activities and much more, 11am-5pm, free.
- The Great Poppy Party Weekend - Ilford War Memorial Gardens Action Group and Royal British Legion, music and celebrations, 2-4pm, at Ilford War Memorial Gardens, Newbury Park, free, also Sunday June 12.
- Drama - Wanstead House, 21 The Green, Wanstead, The Highams Players present Party Piece - a comedy by Richard Harris, 8pm (Sat mat 2.30pm), tickets from 020 8924 6987 or at door, £7 adults, £4 children, (matinee £5 adults, £3 children).
- Drama - Theydon Bois Village Hall, Coppice Row, Theydon Bois, Theydon Bois Drama Society present Lloyd George Knew My Father - a comedy by William Douglas Home, 8pm, tickets £7 from Mr and Mrs James 01992 812250.

### Sunday, June 12

- Antique and Collectors Fair - The

- Ballroom, Orford House, Orford Road, London E17, noon-5pm, refreshments and parking available.
- Old Time Sequence Tea Dance, Abridge Village Hall, 2.15-5.30pm, visitors welcome, enquiries Rita 020 8550 5061.
- Walk - Epping Forest HF Group, meet 10.30am, Upminster Bridge Station, 8.5 miles in the local area, bring packed lunch. 020 8504 1329.
- Steam Train Rides - Ridgeway Park, Peel Close, off Old Church Road, Chingford, every Sunday to October, 2-5.30pm, fare 50p or £1, under 3s free.
- Strides Badminton Club - Wanstead Leisure Centre, Redbridge Lane West, Sundays 3.30pm, new members welcome, aged 18 years and over, all levels, beginners, average and advanced players, details Mark 020 8598 8435 (before 9.30pm).
- Goresbrook Squash Club - We run Essex Squash Mens and Ladies teams every Sunday 6.20-9pm, £3, 07814 902002.
- Learn to Dance Modern Jive - Hainault Forest Community Centre, every Sunday 7-10.30pm. 07768 005858.

### Monday, June 13

- Meeting - West Essex Archaeological Group, Sixth Form Block, Woodford County High School, High Road, Woodford Green, 'AD 410-the Year that Shook Rome', Sam Moorhead, British Museum, visitors welcome, 7.45pm.
- Yoga Classes - The Peterhouse Centre, Walthamstow, Mondays 1-3pm and at Tiptree Community Hall, Barksides, 7.30-9.30pm, call Kay Russell 020 8554 7168.
- Arts and Crafts - Unity Hall, Bramley Close, (off Oakfield Road), Walthamstow, friendly group for adults, every Monday afternoon, 020 8527 1454.
- Short Mat Bowls - Warren Heath Short Mat Bowls Club, Warren Junior School, Gordon Road, Chadwell Heath, Mondays and Fridays 7pm, further details Tony or Heather 01708 340874.
- Music Circle - Music Listening Appreciation Group, Rectory Library, Rectory Road, Dagenham, Mondays 7pm (except Bank Holidays), entry free. 020 8592 8821.
- Rehearsals - Redbridge Ladies Choir, Canon Palmer School, Seven Kings, Mondays 7.45-9.15pm. 01708 780964 or 020 8550 8677.
- Rehearsal - The Roding Players Orchestra, Roding Valley High School, Alderton Hill, Loughton (opposite the Underground Station), every Monday, 7.15pm, new members welcome. 020 8505 4329.

### Tuesday, June 14

- Meeting - Waltham Forest Family History Society, Spruce Hill Baptist Church Hall, Brookscroft Road, Walthamstow, 8-10pm, further details call Barrie on 020 8527 4807.
- Meeting - Epping Forest and District Stamp Club, Roding Valley High School, Alderton Hill, Loughton, (in 8 room), 7.30pm.
- Meeting - Fibromyalgia Friendship and Support Group, Diabetes Centre, Barkingbridge Road, Newbury Park, Ilford, 1-3pm.
- Club - Barking and Dagenham Plus, The White Horse Inn, 118 High Road, Chadwell Heath, meet new friends and get involved in the local community, for everyone aged 18-35, every Tuesday 9pm, free trial membership, Joe 07958 669339.
- Rehearsals - Gilbert and Sullivan - Chapel End Savoy Players, St John's Church, Chingford Road, Walthamstow, Tuesdays 8-10pm. 07852 922287.
- Coffee Shop - Eastern Avenue Baptist Church, East Road, Chadwell Heath, every Tuesday 10am, games, videos, friendship, all welcome. 020 8599 1479.
- Stroke Club - Parkside Stroke Club, Parkside Community Centre, Goodmayes Lane, Tuesdays 1.30-4pm. 020 8595 3973.
- Friendship Club, The Beacon Tree Pub, Green Lane, Dagenham, for mature and single over 45s, every Tuesday 8pm, further details Marie 020 8252 7074.

### Wednesday, June 15

- Meditation Group - South Woodford, meditation instruction from a qualified instructor, discussion and occasional recorded talks, free of charge, donations welcome, every Wednesday 7.30-9pm. 07940 131572.
- Live Blues Jam - Coach and Horses, 391 High Road, Leyton, featuring guests, regulars and house band musicians, entrance £2 listeners, £1 musicians, all welcome singers and drummers especially, every Wednesday, 8.30-11.30pm. 020 8502 0351.
- Wings for Women Support Group - For women who have experienced Domestic Violence or Abuse, Wednesdays 6.30-8.30pm, 0208 556 7111 or 020 8923 7498.
- Meeting - Talking Hands, a friendly Club for the Deaf and Hard of Hearing, Wednesdays 10.45am-2.45pm, York Room, Ilford Library.
- Table Tennis, Forest Community, Guilford Road, Walthamstow, every Wednesday 8pm, new members welcome, details Ray

- Massey 020 8524 4289.
- Meeting - Friends Club, St Cedd's Church Hall, Blythwood Road, Seven Kings (opposite Homebase), Wednesdays 1-4pm, short mat bowls and snooker, 50p per session.

### Thursday, June 16

- Cheeky Monkeys Playgroup - St John's Church Hall, Leytonstone, Thursdays, 10am-noon, toys, crafts, singing. 07740 586926.
- Meeting - Wanstead Rotary Club, County Hotel, South Woodford, every Thursday 1-2.15pm, call David 020 8989 2701.
- Meeting - Barking and Dagenham Friendship Club, Methodist Church, London Road, Barking, Thursdays 2-4pm, £1.50 a session, mainly for people who have had a sad loss to make new friends. 020 8594 6439/020 8594 6409.
- Woodford Symphony Orchestra - A friendly amateur orchestra, which performs concert and major symphonies in Redbridge, rehearsals every Thursday evening. 020 8504 7783.
- Dagenham Camera Club - Wantz Library, Rainham Road North, Thursdays 8-10pm. 020 8252 2934.
- Forest Creative Writers Group - Jazz Archive Room, Loughton Library, Traps Hill, Loughton, 12.45-2.45pm, Thursdays (term time).

### Friday, June 17

- Evening Walk - West Essex Ramblers', starts 6.30pm from the Royal Forest Hotel, Rangers Road, Chingford, 4 mile forest route to Gilwell Park and back.
- Mummy Boot Camp - Wanstead, Mums and babies in buggies exercising together, Fridays 11am. 07719 626642.
- Badminton - St Anne's Church, 200 Larkwood Road, Chingford, friendly club welcomes new members, every Friday 8.30-10.30pm, no complete beginners, intermediate possibly. 020 8524 4069.
- Friendly Club - Pensioners Club at United Services Club, Blake Avenue, Barking, Fridays 12.30pm-3pm, all pensioners welcome. 020 8517 6256.
- Meeting - Redbridge 18 Plus, York Room, Ilford Central Library, Clements Road, Ilford, Fridays for 18 to 36 year olds, sports and social club.
- Pipes and Drums - Waltham Forest Pipe Band, Royal British Legion, 31 Dunton Road, Leyton, pipers, drummers and learners welcome, Fridays 8pm, further details 020 8520 1727.

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Notice is hereby given, pursuant to Section 98 of the Insolvency Act 1986 that a meeting of the creditors of the above-named Company will be held at Acce House, 11-15 William Road, London NW1 3ER, on 20 June 2011, at 3.30 pm for the purposes provided for in Sections 99 and 101 of the said Act. A list of the names and addresses of the Company's creditors will be available for inspection free of charge at the offices of Fisher Partners, Acce House, 11-15 William Road, London NW1 3ER on 16 June 2011 and 17 June 2011 between the hours of 10.00 am and 4.00 pm.

Further details contact: Richard Andrew Segal and Brian Johnson, (IP Nos. 1646 and 9288) Email: fisherp@hwfisher.co.uk, Tel: 020 7388 7000. Alternative contact: Nick Nicola, Tel: 0207 874 7972.

Dated: 2 June 2011  
M Shaikh, Director

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### LICENSING ACT 2003 NOTICE OF PREMISES LICENCE APPLICATION

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**FISH TANK AND CABINET IN BEECH**. Good condition. Tank size: 69 x 61 x 36 cm. £99. Tel: 01268 775877

**RIGID POND LINER**, 6ft x 2ft, holds 500 litres, £48. Tel: 07779 654077.

**JUNIOR BAR FOOTBALL TABLE**, 4ft x 2ft, score beads, very good condition, £25. Tel: 01375 892251.

**SEWING MACHINE TABLE TYPE**, all accessories, hardly used, £85. **SILVER DIAMOND CUT CURB CHAIN**, 1.5oz, £25. **GENUINE TIFFANY BRACELET**, stamped 1997, £50ono. **GENUINE TIFFANY SILVER NECKLACE**, T-bar, £80ono. Tel: 01375 640689.

**DISPLAY STANDS**, wooden with 3 shelves, folding for easy transport. 34 x 28ins. Suitable antiques, craft fairs etc. Clamps included. £15 each. **A-BOARD**, wooden, solid, won't blow down in wind. 44 x 24ins. Will require painting. £30. Tel: 01702 466329

**PINE SOLID CHILDREN'S BED**, 2 drawers under, on wheels, £55. **OVAL GLASS AND SILVER TV UNIT**, 31x 16x 21, £15. **LADIES BIKE**, 5 gears, £20. **TWO CHILDREN'S FOLD-AWAY SILVER SCOOTERS**, £10each. **BOX OF POWER RANGERS TOYS**, over 70 items, £35. **THOMAS TRAIN SET**, Thomas, Mr Conductor, play mat and various accessories, £6. Tel: 07808 588720 or 01375 480146.

**SUBARU BASEBALL CAP**, £5. **SUBARU WORLD RALLY T-SHIRT**, medium, £5. **SUBARU WORLD RALLY JACKET**, new tagged, medium, £20. **JANE NORMAN SIDE BOOTS**, size 5, stone, £15. **GUITAR FOOT PEDALS**, from £25 upwards. **BOSE PEDAL BOARD**, £45. **PATRIOT FISHING SEAT BOX** with keep net arm, bait tray, very good condition, £50. **LANDING NET AND POLE**, keep net, £20. **ASSORTMENT OF POLES AND floats**, £20. **6 SEATER DINING ROOM TABLE** and chairs, extends, very good condition, £50. Tel: 07882 146652.

**PS3 60GB IN BOX**, good working order, instructions, headset, £95. **PS3 GUITAR HERO WORLD TOUR** and Hero 5 with guitar, hardly used £25. **PS3 GAMES**, **CALL OF DUTY BLACK OPS**. Call of duty modern warfare, Assassins creed brotherhood, £15 each or all for £40. **PS3 TIGER WOOD PGA TOUR 10**, £8. **PS3 JUNGLE PARTY BUZZ**, with buzzers £8. **PS2 MONOPOLY party 24**, £4. **DISNEY BOOKS**, excellent condition, £10. **8 LADYBIRD BOOKS** as new, including Alice in Wonderland, Peter Pan, £5. Tel: 07808 588720.

**3 PCE LUGGAGE** set in grey, by International Traveler, all expanding cases, retractable handles, corner wheels, internal zips, heights 76cm, 66cm and 52cm, like new, £30 the set. **TWIN TF STEAMER** by Tefal in grey, vitamin plus model, 60min timer, rice bowl, condensation tray, egg holders, instructions, good condition, £15. **BREVILLE SANDWICH TOASTER**, non stick plates, dark grey/chrome, good condition, £10. **2 ELECTRIC FANS**, 7ins high, one in yellow, one in orange, good condition, £5each. Tel: 01268 770695.

**DRESSING TABLE**, pink, lots under leg storage, three deep drawers, very good condition, £10. **REVOLVING CD/DVD HOLDERS**, two available, holds approx 60-80, can go together, £20ono. **ARGOS METAL COMPUTER DESK/TROLLEY WORK STATION**, pullout keyboard shelf, fixed lower shelf, shelf on metal runners/casters, very good condition, height 78 x width 70 x depth 55cm, suitable 15kg monitor, tower, keyboard & printer, very good condition, £15 only. **SHARP MICROWAVE**, jet convection dual cook & grill, cooks more than one item at a time, surplus to requirement, currently selling at over £100, needs clean up, recipe instruction booklet, 14in deep x 20in wide x 11in high, only £10. Tel: 01268 693461.

**MOTHER CARE WICKER MOSES BASKET** with cream cover and hood and wooden stand. Bear picture on top cover. Very good condition. Mattress and cream bedding included in price. Suitable for boy or girl. £30. **BABY CLOTHES, VESTS AND SLEEP-SUITS** tiny baby-6 months. Excellent condition. Mainly boys but do have some white. bags from £2 or 50p item. **COSATO GOO GOO BUNNI ROCKER** from birth, cream, toy bar with rabbit. Vibrates + music. Used for 7 months np. **SELECTION OF TOYS FROM BIRTH TO 12+ MONTHS**. makes include ELC, Vtech, fisher price, leapfrog and Tomy. All been used but still in good condition. Some may have slight marks which is what you would expect from played toys. Prices start from £50 Tel: 07584 078761

## Beds/Bedroom

**STURDY PINE SINGLE BED** blue top and tailboard, mattress included. One child owner £30 buyer collects Tel: 020 7277 7531

## Musical

**THE PIANO MAN**, 20/30 reconditioned pianos from £395, Tuning, Removals, Rental scheme. 01268 541001, 01708 343455

## Wanted

**CAR BOOT ITEMS WANTED**, bric-a-brac, glass, china, mobiles, laptops, anything considered. Tel: 01702 527844.

**WANTED FOOTBALL PROGRAMMES & TICKETS**. Collector seeks Tottenham, W Ham, Liverpool, Man U, Chelsea, Arsenal & finals prior to 1970. Tel:01245 358660

## Pet Services

**WANTED GOOD HOMES FOR RETIRED GREYHOUNDS**  
**Ring Pat on 01708 551689**  
Email: Pat@greyhoundhome.co.uk  
Web: www.greyhoundhome.co.uk  
(Charity 269668)

## Great value Travel Offer



## 4★ Hidden Portugal

**Flying direct from London Gatwick Departs July to October 2011**

A week-long stay on the beautiful Costa Verde, during which you'll enjoy three included excursions, to the fabled wine city of Oporto; to the coastal resorts and hilltop towns of the Minho, and finally to the beautiful Peneda Gerês National Park. Other optional excursions during the week include exquisite Braga, the former Portuguese capital, and across the border into Spain, the breathtaking pilgrimage centre of Santiago de Compostela.

**Includes** • Return flights to Oporto direct from Gatwick  
• Return airport to hotel transfers • Seven nights dinner, bed & breakfast accommodation at the four-star Estalagem Santo André • Excursions to Oporto, Viana do Castelo & Valenca do Minho and Vinho Verde • The services of a Tour Manager in resort

Single supplement applies

8 days from **£439.00**

Book online: [www.newmarket.travel/yel11874](http://www.newmarket.travel/yel11874)

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or request a brochure online at:  
[www.newmarketbrochures.co.uk/yel](http://www.newmarketbrochures.co.uk/yel)

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Sell any household items under £100 and make yourself some handy cash!

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# FREEAD

Every Tuesday **£1.60**  
*Ask your local newsagent*

## Building Repairs/Alterations

**CALL NOW FOR 10% DISCOUNT!**

**PART £3,900\***

**COZY LOFT CONVERSIONS** INCLUDES

- ★ Roof window ★ Staircase ★ Suspended floor

Fully insulated, electrics, heating

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[www.cosyloft.com](http://www.cosyloft.com)

**COMPLETE £5,750 + VAT**

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**SPARKLES CARPET AND UPHOLSTERY CLEANING**

Domestic and commercial steam cleaning - ovens, paths, patios, driveways, hardfloors & conservatories.

If you are not delighted

**IT'S FREE!**

Fully insured  
**100% guarantee**  
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**07910 671 320**

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**ARTEXING, PLASTERING and COVING**

No job too small. Free estimates. All work guaranteed. Call Gerry  
**01708 222651**  
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**FOR FAST RESULTS**  
YellowAdvertiser

## Central Heating

**BOILER, HEATING & GAS ENGINEERS**

**safe** 59632 041434

- ◆ Full Installation & Repairs
- ◆ Boiler Replace & Servicing
- ◆ Power Flush & Descaling
- ◆ Satisfaction Guaranteed

**No Call Out Charges & Free Estimate On Installation**

Tel: 020 8553 2700 Mob: 07860 288647 Fax: 020 8553 2708  
AMR Heating Ltd  
[www.amrheating.co.uk](http://www.amrheating.co.uk)

## Gardening (Home Serv)

**RAINHAM SHEDS**

**Log cabins now on display**

Delivered and assembled free. Open 7 days a week.

**SHIPLAP OR T.G.V. NO DEPOSIT REQUIRED!**

|      |              |         |
|------|--------------|---------|
| 6x4  | pent or apex | £284.00 |
| 7x5  | pent or apex | £345.00 |
| 8x6  | pent or apex | £389.00 |
| 9x6  | pent or apex | £505.00 |
| 10x6 | pent or apex | £545.00 |
| 10x8 | pent or apex | £680.00 |

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Find us on the London-bound A1306 New Road  
Some sheds in stock, available for collection.

**\*ESTABLISHED 25 YEARS MANUFACTURING GARDEN SHEDS**  
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**FREE ADVICE & ESTIMATES**

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**LEWIS TREE CONTRACTORS**

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225 Langhedge Lane, London N16 2TG

**Electrical Services**

**IMMERSIONS HEATERS**  
SOCKETS, LIGHTS, COOKERS  
INSTALLED, FAULT FINDING,  
SMALL JOBS 02085515595

**YellowAdvertiser FOR FAST RESULTS**

## Roofing & Guttering

**Leaking flat roof?**

**We have the SOLUTION !!**

| E.P.D.M Rubber Roofing | Felt |
|------------------------|------|
| No joins               | ✓ ✗  |
| No seams               | ✓ ✗  |
| No leaks               | ✓ ✗  |
| Approved installers    | ✓ ✗  |
| Best prices            | ✓ ✗  |
| 20 year guarantee      | ✓ ✗  |

**We also undertake:**

**Upvc Fascias, soffits and guttering Replacement and repair**

**DIRECT CLADDING**

For free advice and quotation  
**Freephone**  
**0800 389 6598 mob: 07961 425001**  
Show this ad for genuine 10% discount

**FOR FAST RESULTS**  
YellowAdvertiser

**Skip Hire / Rubbish Removal**

**A B C SKIP HIRE**

2, 3, 4, 6, 8, 12 yds  
Skips  
Same Day Service  
**01708 474 940**  
**0800 955 4940**

**Skip Hire / Rubbish Removal**

**L.L. RUBBISH CLEARANCE**

No job too big or small  
Fully licensed waste carriers  
**FOR A FREE ESTIMATE CALL LEN**  
**07511 609 335**

**RUBBISH CLEARANCE**

Driver loads, 7 day service, established 30 years,  
Tel 0208 500 8159 or 07956 360753

**RUBBISH CLEARANCE**  
**Big Reductions For June**

Guaranteed Cheapest Rates  
Free Estimates  
Fully Licensed  
**07506 041 907**  
**07903 065 061**

**ahern .co.uk**

**SKIP HIRE**

**01708 865599**

## Windows & Doors

**DOUBLE GLAZING PROBLEMS?**

**Complete repair and maintenance service for**

- Leaks
- Broken or misty sealed unit
- Locks
- Draughts
- Rubber Seals
- Hinges

We also offer a complete new window + door service.  
Conservatories our Speciality

**GLASS & GLAZING 020 8590 7733**



## CONDITIONS OF ACCEPTANCE FOR ALL ADVERTISEMENTS

Orders are accepted by the Publishers subject to the Standard Conditions agreed between the Newspaper Society and the Institute of Practitioners in Advertising. Save that:

1. Advertisements are accepted on the conditions that (a) descriptions relating to goods are accurate and in no way contravene the provisions of the Trade Descriptions Act 1968, and the Fair Trading Act 1973, and (b) the copy complies with the British Code of Advertising Practice. Advertisements offering credit or hire facilities must conform to the Consumer Credit (Advertisements) Regulations 1980.

2. 'Classified' Advertisers offering goods or service of a business, commercial or trade nature will, at the discretion of the Publishers, be deemed 'Trade Advertisers', and as such, must include their names in advertisements. A telephone number is an optional addition to these requirements and not an alternative.

To comply with the Business Advertisements (Disclosure) Order 1977, Trade Advertisers must make it clear that they are selling goods in the course of business either by content, format, size or place of the advertisement or by including words such as 'trade', 'dealer', 'agent', 'wholesaler', '(T)' etc. in the advertisement.

3. The Publishers accept no liability whatsoever for any loss or damage however caused arising out of:

- (a) Any error, inaccuracy or omission in the printing or publishing of any advertisement;
- (b) Any failure to publish an advertisement on the day / date or day / dates specified by the advertiser; or
- (c) Any delay in forwarding or omission to forward replies to box numbers to the Advertiser.

4. The Publishers will endeavour to publish advertisements on the day / date or day / dates specified by the Advertiser but insertion days / dates cannot be guaranteed.

5. Where shrinkage of advertisement occurs for whatever reasons the advertisement will be charged to the nearest full centimetre. This will NOT apply to the full-page advertisements, which remain full pages even after shrinkage.

6. The Publishers reserve the right to reject an advertisement or to vary it in any way they deem fit, at any time before publication, whether or not the advertisement has already been accepted for publication.

7. Whilst every effort is made to minimise errors in advertisements, mistakes do sometimes occur. Advertisers or their agents should therefore check their advertisements and inform us of any errors immediately. Responsibility cannot be accepted for more than one incorrect insertion. Typographical or minor changes, which do not affect the value of the advertisement, do not qualify for republication or allowances.

8. All gross advertising rates (except classified lineage and semi-display) are subject to and include a 0.1% Advertising Standards Board of Finance surcharge, payable by the advertisers to help finance the self-regulatory control system administered by the Advertising Standards Authority.

9. All rates quoted are subject to VAT at the rate currently in force at the time the advertisement appears.

10. Should the rate for advertisements be altered the price for remaining insertions shall be revised accordingly or the publishers shall have the right to cancel the unexpired portion of the order.

11. The placing of an advertisement order will be deemed an acceptance of these conditions.

12. Account facilities are granted at the discretion of the Company.

13. All accounts must be settled within the terms agreed by the Company and the Customer.

(1) Should an advertiser be in breach of the agreed terms, the publisher shall be entitled to levy a 10% surcharge on the value of the whole debt in respect of accounts with terms of less than 30 days, and any discounts or commissions that had been allowed will be reclaimed.

(2) Regular monthly accounts that are in breach of the agreed terms will pay an interest rate of 6% above the current bank of England base rate for each month that the account is overdue and discounts or commissions that had been allowed will be reclaimed. Should Legal action be required the interest will be charged in accordance with the County Court Act 1984.

14. Where an advertiser instructs / appoints an advertising agent to act on their behalf, the advertiser will remain jointly and severally liable for payment in respect for an advertisement(s) should the appointed agent fail to pay. For the avoidance of doubt, the agent acts for the advertiser and not for the publisher with the agent being responsible for notifying the advertiser of this liability.

15. All queries must be notified, preferably in writing to the accounts department of the publisher within 7 days of the invoice date.

16. All digital services are maintained in partnership with the publishers' hosting service providers. Every effort is made to ensure the continuity of these services, but some occasional technical downtime beyond the publishers control may occur. The publisher and its associated companies shall be under no liability if the production and distribution of web services is delayed or prevented by any cause beyond the control of the publisher.

17. The Publisher may provide voucher copies for published advertisements in electronic form only subject to certain criteria. Further information is available on request.

18. The copyright of advertisements produced wholly or partially by the Publishers belong to the Publishers. Advertisers may not reproduce such advertisements without the Publishers' consent.

### Box Numbers

Boxes are open for the receipt of bona fide answers and are not available for distribution of trade canvassing matter. Original testimonials, goods, cash, cash stamps or payments of any kind must not be enclosed. A box Number and postal address are charged as part of the advertisement, i.e. Box No., centre address. There is no charge for forwarding replies.

Box numbers alone are not available for use in 'Trade' advertisements, other than Employment and Business Opportunities.

### Holiday & Travel Category

All advertising must contain the name of the advertiser, phone number alone are not permitted.

### Data Protection

The service you have requested may require us to carry out a credit search at a credit-referencing agency, which will record the fact that a search has been made. We may need to share your information with other lenders and credit reference agencies. However, we will only use the information from these searches to make credit-granting decisions and, if necessary, for fraud prevention or tracing debtors.

Data controller will use your information for administration and analysis. We may share your information with other Tindle Group Newspaper companies or carefully selected third parties. We, or they, may send you details of other goods and services, which may be of interest to you. The information may be provided by letter, telephone or other reasonable means of communication. Calls may be recorded or monitored for training purposes.

Special conditions apply with regard to the advertising of adult services, which are outlined to all persons submitting such advertisements.

## Adult Chat Line

**18+**  
**college babes**  
**NAUGHTY XXX36p**  
**QUICKIE SEX RELIEF PER MINUTE**  
**0982 505 1774**  
Calls cost 36p per minute + network extras. Calls recorded. Mobile users may receive free promotional messages. 18+ only. LiveLines Ltd PO6538 NN2 7YN. Help 08445714457.

**35p PER MINUTE**  
**CHEAP PHONE SEX**  
**LIE BACK & PLAY**  
**0909 864 1381**  
Calls cost 35p per minute + network extras. Calls recorded. Mobile users may receive free promotional messages. 18+ only. LiveLines Ltd PO6538 NN2 7YN. Help 08445714457.

**40+ WOMEN**  
**LIVE CHAT**  
**ONLY 36p**  
**per min**  
**0983 050 7230**  
18+ Calls recorded. 09-30p per min from BT landline. Network extras apply. SP Incl'd. Helpdesk 0900 4650.

**chatworld**  
Chat, Flirt and have  
Fun! Join the Party  
**Men call**  
**0845 399 6535**  
**Women call FREE on**  
**0800 039 4540**  
BIG PARTY / TONIGHT 10pm to 1am  
100% of genuine girls online

**MATURE LADIES**  
**LIVE 35p**  
**SEX 35p**  
**YOU'LL LOVE IT**  
**CALL NOW KKK**  
**0909 864 1041**  
Calls cost 35p per minute + network extras. Calls recorded. Mobile users may receive free promotional messages. 18+ only. LiveLines Ltd PO6538 NN2 7YN. Help 08445714457.

**LIVE 121**  
**SEX CHAT**  
**35p**  
**0909 860 6682**  
**STRAIGHT THRU!**  
18+ only. Calls cost 35p per minute + network extras. Calls recorded. Mobile users may receive free promotional messages. 18+ only. LiveLines Ltd PO6538 NN2 7YN. Help 08445714457.

## BUSINESS NEED A BOOST?



## WAKE UP!

It's time to ring  
the  
**YELLOW**  
**ADVERTISER**  
**01268**  
**503400**  
**TODAY!**

## Personal Services

## GLAMOUR GIRLS



7pm till 7am  
**01702 556 500**

**VISITING MASSAGE**

**Call for Website details**  
**Drivers Required**

## Temptations

24hr visiting massage  
Professionalism and  
reliability  
Phone: **07943 678 979**  
Places for Faces  
*All cards accepted*

## NOTICE TO READERS

Yellow Advertiser, London & Essex Newspapers advises readers that the content of the advertisements in this section relate to products and services of an adult nature. We accept these for publication in accordance with guidelines issued by the Newspaper Society and the Advertising Standards Authority, together with our own policies and procedures. If you have any concerns or comments about the nature of the material in this section, or complaints about specific advertisements, please contact:  
**Scott Wood on 01268 503400 or write to**  
**Yellow Advertiser, Acorn House, Great Oaks, Basildon SS14 1AH**

**YOUNG ONES**  
**VISITING ESCORTS**  
7pm till 7am  
**01702 557 444**

## VOGUE ESCORTS

**Escort Agency**  
**24/7**  
**30 Minute Arrival**  
**020 8361 7000**  
**Call now for website details**  
**New faces welcome:**  
**07534 268 444**

**Kellys**  
Friendly Reliable  
Drivers Required  
**07772 034 331**

## ADULT INTERESTS

Calls cost £1.53 per/min at all times. TEXT 87070 cost £1.50 per message. Mobile call charges may vary. JMedia UK, London SE1 QXX. wc **060611**

**Simply dial the number below the advert!**

**CONFIDENT** blonde 50's female with lovely figure looking to spice up life a bit, seeks likeminded male 56-68 for fun times. **Tel No: 0906 500 6358 Box No: 362871**

**BUSTY** bubbly 24yr old female with a very naughty side looking for male any age/size/looks for good times only. **ACA. Tel No: 0906 500 6358 Box No: 361739**

**JAYNE** 35, loving romantic, warm, caring auburn haired beauty seeks older kind male, 30-60yrs for loving genuine relationship. **Tel No: 0906 500 6358 Box No: 364895**

**SEXY** young blue eyed curvy brunette 26, seeks enthusiastic male to share passion, fun times and lots of laughs. Any age/status. **Tel No: 0906 500 6358 Box No: 366387**

**PRETTY** slim female 34, looking for romantic, affectionate male who would love to be one half of a couple again, 28-50yrs. **Tel No: 0906 500 6358 Box No: 366385**

**FUN** flirty blue eyed 32yr old blonde looking for fun relationship with broadminded male. Can accommodate/travel. Any age/looks/status. **Tel No: 0906 500 6358 Box No: 366013**

**SWEET** fun loving blonde who knows what she wants, 22yrs, WLTW fun older guy to put the spark back into her life, 26-46. **Tel No: 0906 500 6358 Box No: 366011**

**CURVY** brunette, 21yrs, big eyes, tall, lovely smile, seeks tall dark handsome male 30-50yrs for fun nights out and intimate nights in. **Tel No: 0906 500 6358 Box No: 366709**

**VIVACIOUS** strawberry blonde who knows just what she wants, wants down to earth caring male for spontaneous fun relationship. 35-69. **Tel No: 0906 500 6358 Box No: 366707**

**SHAPELY** solvent, blonde professional lady who seeks life as an adventure, seeks attractive fun male who can handle a feisty lady. Any age/status. **Tel No: 0906 500 6358 Box No: 366383**

**PRETTY** brown eyed brunette with lovely figure seeks special male for romantic weekends away and more. Age/status unimportant. **Tel No: 0906 500 6358 Box No: 366719**

**25YR** old green eyed petite blonde, romantic at heart, seeking really nice manly male looking for hands on fun. Looks/age/status unimportant. **Tel No: 0906 500 6358 Box No: 366393**

**18YR** old easygoing blue eyed brunette with a very naughty side looking for likeminded male, fun times only. **ACA. Tel No: 0906 500 6358 Box No: 366391**

**ATTRACTIVE** and any man's dream seeks, outgoing, professional male for intimate evenings in and fun nights out. Can accommodate. **Tel No: 0906 500 6358 Box No: 366703**

**CUTE** very curvy young girl, 18, WLTW romantic guy for lots of fun and loving, looks/status unimportant. **Tel No: 0906 500 6358 Box No: 366699**

**LUCY** 18, pretty with long dark hair, great figure, many likes, few dislikes, discreet, seeks male for casual adult fun meets only 30-65. **Tel No: 0906 500 6358 Box No: 366501**

**KATE** young looking, fun loving lady looking for someone to share love and have even better happy times with. Age/looks unimportant. **Tel No: 0906 500 6358 Box No: 364873**

**BEAUTIFUL** brunette, slim with curves in all the right places seeking male to share special intimate fun times together. Can travel/accommodate. **Tel No: 0906 500 6358 Box No: 364875**

**PETITE** blonde with curves in all the right places looking for happy go lucky, tall, well built male, any age, for fun adventures. **Tel No: 0906 500 6358 Box No: 366717**

**VERY** attractive, sensual, curvy brunette looking for no strings, no commitment fun only. Any age/status/looks. **Tel No: 0906 500 6358 Box No: 366715**

**YOUNG** looking blonde, voluptuous, but not too much handle! WLTW manly male who is up for some no strings fun. **Tel No: 0906 500 6358 Box No: 366713**

**GORGEOUS** young at heart brunette just wants to meet someone nice to share good times with, maybe more. 30-65yrs. **Tel No: 0906 500 6358 Box No: 366731**

**SLIM** attractive blonde, 37, lots of fun and loves to dance, seeks genuine guy for friendship, possibly more. **Tel No: 0906 500 6358 Box No: 366729**

**LONELY** slim blue eyed very solvent lady WLTW male to put fun and affection back into her life. **Tel No: 0906 500 6358 Box No: 366727**

**TALL** busty blue eyed 30's female, brown hair, lots of interests, discreet, seeks male for no strings good times. Any age/looks/status. **Tel No: 0906 500 6358 Box No: 366705**

**VERY** cute, slim, black professional female, 39, looking for love! If you are honest, passionate, caring and spontaneous, ring me. Any race. **Tel No: 0906 500 6358 Box No: 366725**

**GREEN** eyed blonde in need of love and attention seeks youthful, trendy experienced guy to enjoy good times. Any age/status. **Tel No: 0906 500 6358 Box No: 366723**

**MANDY** early 40's, slightly alternative, looking for similar open minded male for fun nights in/out. Can accommodate. **Tel No: 0906 500 6358 Box No: 361727**

**VOLUPTUOUS** attractive female, divorced, no ties, looking for a confident hunk for adult fun times. No wimps need apply. **Tel No: 0906 500 6358 Box No: 363907**

**29YR** old lonely, attractive single mum looking for tlc and nice times with similar lonely male, any age, look status. **ACA. Tel No: 0906 500 6358 Box No: 363905**

**SLIM** attractive dark eyed female, enjoys most things, OHAC, looking for mature male for romantic nights in, 45-75. Can travel. **Tel No: 0906 500 6358 Box No: 363935**

**50'S** pretty mature curvy lady, solvent and very sensual looking for fun times with younger male, 18-45. Can accommodate. **Tel No: 0906 500 6358 Box No: 363931**

**29YR** old green eyed bubbly female, sporty, social looking for meet nice male for fun times and uncomplicated friendship. Any age/looks/status. **Tel No: 0906 500 6358 Box No: 363925**

**VERY** young 40's female looking for younger man to care for, looking for a fun intimate fun times together. Can travel/accommodate. **Tel No: 0906 500 6358 Box No: 358129**

**LIFE** is too short to be alone. Passionate mischievous female looking for similar partner in crime, to stay in, wine and dine. **Tel No: 0906 500 6358 Box No: 360819**

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## Frost sends Woodford on the right track in Cardiff

### Athletics

MALE athletes from Woodford Green Athletics Club with Essex Ladies got their league season underway, finishing second in the British Athletics League Premiership on Saturday.

In a tight competition at a windy Cardiff stadium, Woodford finished behind Birchfield, but came out on top of four teams covered by just seven points.

Andy Frost got the ball rolling in the hammer with 68.89m. The current UK number two, Mark Dry was fourth overall and second in the B event with 66.69m.

In the other throws, Tom Norman was third in the discus with 55.43 m, while Emeka Udechuku, a little short of training, was nevertheless still good enough to win the B with 54.87m.

The first track event was the 400m hurdles where Francis Smith was fifth with 53.44 secs, and later third in the B 110m hurdles with 14.76 secs.

The A 110mH saw Dan Davis second, given the same time as the winner as he recorded his fastest ever time of 13.84 secs.

Debutant junior Jordan Kirby-Polidore excelling over 200m where he placed second in the A to record 21.06 secs.

In the A 400m, Graham Hedman looked in good shape as he won from a good field with 47.33 secs.

The 800m saw contrasting fortunes for two of Woodford's young middle distance athletes. In the A race Omar Mansour got stuck at the back of a pack leaving himself too much to do as the pace picked up on the second lap, in the end placing sixth in 1m56.77 secs.

In the B race, Andy Mariani performed as well as anybody could have expected, positioning himself well, to place second in 1m55.8 secs.

The 3000m steeplechase contributed good points as Ryan McKinlay placed fourth with 9m34.29 secs and another debutant, Tomaz Pilbersek, despite falling flat on his face at the second barrier, recovered to win the B race with 9m 43.24 secs.

Of the jumping events the high jump contributed the most to the team tally. Polish international Robert Wolski was second in the A with 2.10m, while Ben Challenger was back in BAL action, winning the B competition with 2.05m.

The meeting concluded with the relays and both teams placed third.

**ON TOP: Andy Frost in the hammer.**

*Picture by Ken Bray*



### Essex County Cricket Club

## Essex sign Craddock

ESSEX have taken 21-year-old leg spinner Tom Craddock on trial until the end of the season.

Craddock will be available for selection from June 8 until August 8 and could feature in the LV= County Championship as well as the Clydesdale Bank 40 campaigns.

He impressed Essex head coach Paul Grayson when he faced the county twice for the Unicorns in this season's CB40.

Grayson said: "We've been looking at him for a while, we do need another spinner. I've been very impressed with what I've seen of him."

"I've watched him in a couple of MCC Universities games and Unicorns matches and the feedback from the lads who played against him was favourable."

"We'll be able to have a closer look at him and see how he gets on in the professional set-up."

"We will be giving him a couple of months trial and as far as we are concerned, it's nothing ventured, nothing gained. It's a good opportunity for him. We are looking forward to him joining us."

The Huddersfield born youngster made his first-class debut in the game against Essex taking 1-32 and then 0-32 in the return match at The Ford County Ground. In addition to the Unicorns matches Tom has been playing for Leeds / Bradford MCCU (Marylebone Cricket Club Universities) for the past three seasons.

He was also invited to trials this year with Kent and Worcestershire and took 72 wickets playing for club side Homfirth in the Drakes Premiership last summer.

### Leyton Orient

## Orient sign Cuthbert

LEYTON Orient have signed Swindon Town defender Scott Cuthbert on a two-year deal.

The 23-year-old was out of contract following the Robins' relegation from League One.

The centre back, who can also play on the right, came through Celtic without making an appearance before making loan spells at St Mirren and Livingston.

He joined Swindon in 2009, helping them to the play-offs which ended in defeat to Millwall before their disappointing campaign last year.

Cuthbert strengthens Orient's defensive options following the departures of Andrew Whing and Aaron Brown.

He said: "As soon as I heard about the interest in me I was keen to come down here and get things sorted."

"It's a great club that wants to move forward and I want to be a part of that."

### Athletics

## Dan wins championship

DAN Awde put in a winning performance in the England Decathlon Championships at Bedford.

The Woodford Green Athletics Club with Essex Ladies athlete, who represented Great Britain in Beijing, suffered last season with a knee injury which required surgery.

However, despite limited time for technical work while at full fitness, Awde won the national championships with a personal best of 7869 points, a score that moves him to 10th on the UK all-time list.

Highlights included a 46.71 second personal best over 400m at the end of the first day and a 14.36secs in the 110m hurdles.

Elsewhere, Olympic 100m finalist, Jeanette Kwakye, won over 100m at the Spakassen Gala in Regensburg, Germany.

She recorded 11.45 secs into a strong headwind.

## Leaders Brentwood suffer defeat to Ilford as chasing pack close the gap

### Shepherd Neame Essex Cricket League

#### PREMIER DIVISION

REIGNING champions Brentwood suffered their first defeat of the season, going down by 39 runs at Ilford on Saturday.

The hosts won the toss and batted first and after a shaky start, Modassar Ibrahim (112) and Sohail Idrees (84) steadied the ship to help them to 274-8.

Brentwood failed to get in their stride, with Guy Balmford providing a late rally with 54, but Abir Chippa took 3-23 as Ilford took a great victory.

Colchester & East Essex closed the gap to two points following their 102-run victory over Ardleigh Green.

Openers Julian Russell and Ben Foakes produced good knocks of 113 and 70 respectively as Colchester put up 338-7, with Alistair Horne taking 4-64.

Ardleigh's Royston Smith (81) and Muazzam Ali (60) scored well in their response, but the target was beyond them as they were all out for 236. Joe Austin and Shaun Bragg taking three wickets apiece.

Hainault & Clayhall are third, level on points with Colchester thanks to their six wicket victory against Woodford Wells. Wells were all out for 239, Rehan Iqbal top scoring with 74.

Knocks of 64 and 62 not out respectively for Irfan Shah and Imran Qadir saw Hainault comfortably home.

Wanstead moved up the table with

a 92-run win against South Woodford. Adnan Akram's 83 and Mohammed Fayyaz Khan's 4-23 helped them to the spoils.

One team with extra reason to celebrate was Loughton who registered their first league win of the season, beating Chelmsford by 86 runs.

Bilal Butt was unbeaten on 128, backed up by Rizwan Sadiq as Loughton put up 324-5.

Despite Nicholas Bailey's 110, Chelmsford's batsmen struggled and were 238 all out, with Shaun Gymer taking three wickets.

#### DIVISION ONE

SHENFIELD go top after beating previous leaders Upminster by three wickets.

Upminster won the toss and batted first, with Terry Wyatt (104) and Steve Wright (79 not out) guiding them to 299-7. But Shenfield were able to match it thanks to Elliot Richter's knock of 105.

Hadleigh & Thundersley are a point behind in second thanks to a six wicket victory over Hornchurch.

Their bowlers did the damage, bowling Hornchurch out for 169, with David Williams and Tim Lowes taking three wickets each. Jarryd Blake's 68 not out saw them ease to victory.

Buckhurst Hill are just a point adrift after seeing off Fives and Heronians by 63 runs.

They put up 218-9 as Stuart Knapman took three wickets, and despite opener Gary Edwards' 63, Fives fell

apart, all out for 155 as Rob Petchey and Rohan Bhome helped themselves to three wickets apiece.

Orsett's Philip Landman hit 101 and Mohammed Ahktar took 4-43 as they won by six wickets at Chingford, while Gidea Park & Romford got their first win of the season at the expense of Harold Wood who remain bottom.

Gidea Park scored 265-5 with Russ Collard and Will Cooper hitting 95 and 61 respectively. Wood battled well with Raihan Hussain scoring 101, but Gidea Park's bowlers did just enough to see their side home by six runs.

#### DIVISION TWO

HARLOW are the only unbeaten side following their four wicket victory at Leigh on Sea.

Leigh put up a respectable 270-8, with Ian Byron scoring 57 and Luke Heskett and Haris Afridi taking three wickets apiece.

But Harlow's early scoring helped them to victory, with Rehman Ahmed and Ahmed Khawaja contributing with 88 and 67 respectively.

Walthamstow suffered their first defeat of the season, going down by eight runs at Stanford Le Hope.

The hosts set a target of 221-6, Christo Otto hitting 64 and Greg Harris taking 3-22 for Walthamstow.

The east Londoners suffered a shaky start and despite a rally from Asif Bala (64) and Rais Shaikh (57), they fell just short with Otto taking 4-24.

Old Southendian & Southchurch

are third after beating Westcliff by six wickets with Matthew Taylor taking 4-30, while Southend EMT also tasted success, winning by 65 runs at Wickford.

Southend's Numan Khan set the tone with an unbeaten 101, while Ben Wathen took 4-20. Hutton remain rooted at the bottom, going down by four wickets at Horndon on the Hill.

#### DIVISION THREE

THE only 100 per cent winning record was broken after Belhus won by 151 runs over Benfleet.

Danny Joyce hit an unbeaten 96, backed up by Joe Joyce's 67, as Belhus put up 301-7.

Benfleet's batsmen fell apart, with Sean Pritchard showing any defiance with 52. Connor Day took 4-43, backed up by Owen Jefferies with 3-34.

Billericay go level on points with Benfleet thanks to their four wicket victory at Woodford Green, while Basildon & Pitsea lost ground, going down by 57 runs at Old Parkonians, who had Josh Gordon take four wickets for just eight runs.

West Essex saw off Old Brentwoods by seven wickets while Epping won for the first time this season to lift themselves off the bottom at the expense of Ongar.

Rakesh Bagga was the cornerstone of Ongar's innings of 206, scoring 127, but his efforts were in vain as Epping triumphed thanks to consistent scoring.



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